

# RYAN BACKSTROM

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Phoenix, Arizona

A graduate of Mississippi State University with a Bachelor's degree in K-12 education with emphasis on Physical Education and Health, Ryan Backstrom was a member of Kappa Delta Pi: International Honor Society in Education and brings over 15 years of teaching and coaching experience with kindergarten through 12th grade. Currently a health teacher at Boulder Creek High School in Anthem, AZ, Ryan brings experience and leadership in administration through his 13 years as an athletic director at Stetson Hills School in Phoenix, AZ. He was awarded the Deer Valley Unified School District Athletic Administrator of the year award in 2010 and has been a teacher of the year finalist twice.

He has experience working with professional sports organizations including the Arizona Diamondbacks, Seattle Mariners, Phoenix Coyotes, and a 5 year partnership with the Phoenix Suns. Ryan is excited to join Core Purpose Consulting's team of expert individuals from the fields of education, health, and wellness. He's looking forward to adding his expertise to the organization with the combined goal to get as many kids as possible healthy in all aspects of their lives through purposeful movement, mindfulness, and the ability to take on the ups and downs that life brings us with grit, fortitude, and determination to overcome.

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